

Safe Sport Starts with You!

Spot and Stand Against Transgressive Behavior in Sport!

3 MYTHS AND FACTS

MYTH: It is only about sexual abuse.

FACT: Transgressive behavior includes also physical, psychological, emotional harm, and more.

MYTH: If we don't see it, it's not happening.

FACT: Subtle forms of harm, like some psychological abuse, are often hidden but still damaging.

MYTH: Some harmful behavior is acceptable if it leads to victory.

FACT: Success in sport should never come at the cost of safety, well-being, and dignity; harmful behaviors can undermine both enjoyment and performance.

WALK THE TALK

Your actions set the tone. Ensure that safety starts with you—whether you're on the field, in school, in the office or online.

RECOGNIZE YOUR INFLUENCE

Power isn't about control. It's about responsibility. Reflect on how you use your influence and how it affects others in your team. Use it wisely to create a culture of respect.



LEAD BY EXAMPLE

True leaders inspire others to protect, uplift, and safeguard their teammates. You have the power to drive positive change.



THE TIME FOR CULTURE CHANGE IN SPORT IS NOW

Building Safe Sport Environment is Everyone's Responsibility.

Be the change. Stand up. Speak out.

Visit besst-safesport.eu for resources and tools to help raise awareness in your organization.